



VIKING ADVENTURES FOR KIDS

Heritage Youth Program Series!!!



2016 EDITION

VELKOMMEN VIKING ADVENTURERS!

Velkommen, Viking Adventurers, to our sixth year of exciting activities. Like Norwegian explorers Otto Sverdrup and his modern day counterpart, Tobias Thorleifsson, you will be embarking on a series of wonderful new Norwegian adventures. You'll have fun and find the Viking inside of you. Choose just one or all of the Adventures below and get ready to make some new friends and learn some VERY COOL THINGS!

Hope to see you on a Sunday in 2016!

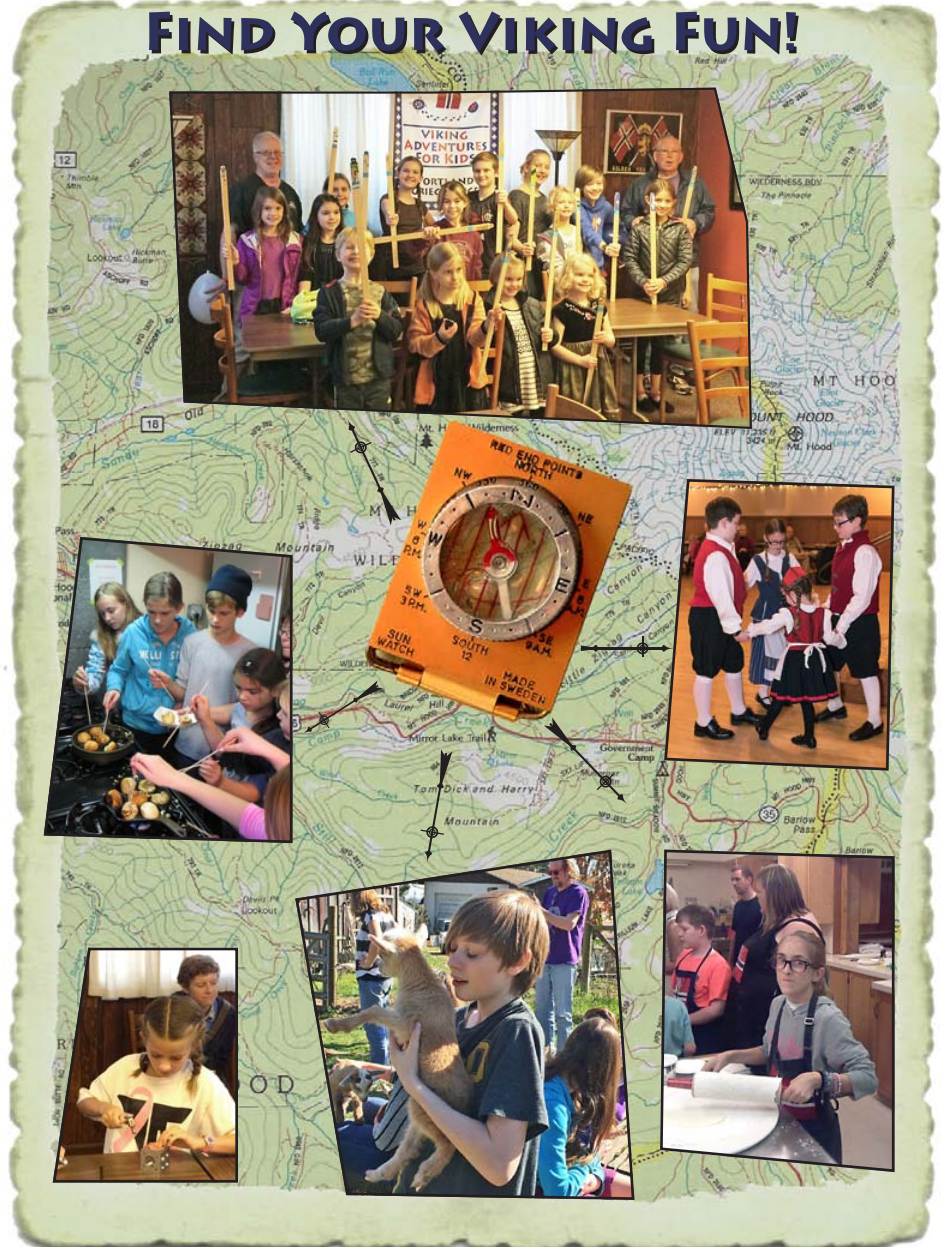
This program is designed for the Lodge's Heritage members, ages up to 15. Families are welcome and encouraged to participate together at all adventures and activities. For off-site field trips, parents are responsible for their own children's transportation and supervision. At-Lodge activities may be drop-off for age-appropriate children and younger siblings are always welcome with parent involvement. Light snacks will be served during Lodge activities; for field trips, please supply snacks and water. Activities are free unless otherwise specified. Most adventures will last approximately two hours Sunday afternoons (usually from 3-5 pm) unless otherwise noted.

Advance reservations are truly appreciated by the Adventure Series Coordinator, Colby Westhead, and our gracious leaders. Knowing how many people to expect enables the purchase of the correct amount of craft/baking supplies. Adventures can be reserved on a first-come first-served basis by emailing the Lodge's Youth Director David Champion at norseherodotus@hotmail.com. If classes fill, we will start a waiting list and call if there are cancellations. (Membership in the Grieg Lodge is encouraged for this program; Heritage members will receive first priority when reservations are taken.)

IMPORTANT!

Some information on this calendar may change. Always check your monthly Grieg Notes for the most up-to-date information and details about the Viking Adventures for Kids series.

FIND YOUR VIKING FUN!



SILVER BIRCH BRANCH PENDANT

January 31 (Sunday)

3-5 pm, Nordic Room

Debra Carus, gifted jewelry artist, is back to lead our Viking Adventurers in the art of Viking silver smithing. Working with a 2000 degree butane torch, Debra will help the kids create a twig- and branch-shaped pendant in fine silver. Fashioned after the iconic Norwegian Birch tree, you'll love this day of modern alchemy. Limited to 18. (www.elentari-handverk.com)

VIKING PANCAKE BREAKFAST & ROCK CLIMBING

February 14 (Sunday - after Pancake Breakfast)

Bergen Dining Room

12:45-3:30 pm, Portland Rock Gym

Once you have feasted and bulked up at the Viking Pancake Breakfast, head on over to the nearby Portland Rock Gym to rope up and conquer a rock wall. There our Adventurers can experience the thrill and challenge of a realistic climbing experience. Rock climbing is a skill that every Viking should know! No prior experience is necessary. Signed waiver and reservations in advance are required. (www.portlandrockgym.com)

FASTELAVNSBOLLE (SEMLA BUNS)

February 28 (Sunday)

3-5 pm, Nordic Room

Usually associated with Shrove Tuesday as the last festive treat before the strict fasting of Lent, these delicious sweetened flour buns are found in bakeries throughout Scandinavia from the Christmas season to Easter. Flavored with cardamom and filled with almond paste and whipped cream, these buns can be eaten with coffee/tea or served traditionally in a bowl of warm milk. Join Lodge member Kirsten Solberg for a fun afternoon of baking, and sampling, of this mouthwatering treat. Rescheduled from 2015. Limited to 18.

IRISH ROAD BOWLING MEETS THE VIKING ADVENTURERS

March 12 (Saturday)

11:30-3 pm, Oslo Lounge and Buckman Field

Hey Viking kids, invite and organize your Lodge and school friends into teams to compete at this year's Road Bowling Tournament. Expanded children's heats and activities are planned for the day including pizza, movie, and games at the Lodge after the competition. Come and show what Vikings are made of—and win that trophy back from those Irish kids in 2016! Teams are made up of four kids each and sign-ups are requested in advance.

BILLY GOATS GRUFF – PART DEUX

April 3 (Sunday)

1-3 pm, 12365 SE Eola Hills Rd., Dayton

(503-799-2199) (1 hour southwest of Portland)

BACK BY POPULAR DEMAND! What is cuter than a baby goat? Ten baby goats!!! It is the springtime birthing season down at the MisFit Farm and we have been invited back to see a “day in the life” of a herd of Nigerian Dwarf Goats (magnanimously standing in for their Norwegian-breed brethren). This particular dairy herd is known as the “Rockin’ the Boat” herd, providing products such as goat milk, chevre cheese, and goat-milk soap. We'll see goat-milking, discuss cheese-making and see a whole lot of frolicking and mischief. Dress for the weather and come cuddle some baby goats! Our gracious hosts have requested carpooling. (www.misfit-farmoregon.com)

Close to the Wheatland Ferry, but check its operating status before leaving home. (www.co.marion.or.us/PW/ferries/wheatland.htm)

EN PLEIN AIR PAINTING WORKSHOP

April 24 (Sunday)

2-5 pm, Nordic Room and Lodge Sidewalk

The Grieg Lodge has many talented members among its midst and Richard Høyen is one of them. *En plein air* is a French phrase for painting a subject outdoors, reproducing the actual visual conditions seen at the time. Richard, a professional architectural illustrator and painter, will lead a workshop using our own 88-year old Norse Hall as the subject matter. Viking Adventurers and their parents are invited to bring their preferred media, be it oil paint, charcoal, pen/ink, watercolors, oil/chalk pastels, or other, and set up outside and create their own interpretations of the “Dance Tonight” sign and Lodge building. Beginning with a general overview of technique, Richard will then help each artist create their own masterpieces en plein air. Artwork will be displayed in an exhibition at the Lodge at a later date.

(RSVPs required please. In case of inclement weather, the workshop will be rescheduled to Sunday, June 12.)

(www.richardhoyen.com)

SYTTENDE MAI CELEBRATION

May 17 (Tuesday)

4 pm Doors open, Parade at 6 pm

May 17 falls on a Tuesday this year, featuring a fun-filled schedule featuring live music, dance performances, fjord horses, authentic Norwegian delicacies, and the annual Parade through the Lloyd District. **KIDS**—Invite your buddies from your school and grab your school banner! Children from all metropolitan area schools are welcome—or as they say in Norway... Alle er hjertelig velkommen! (www.norsehall.org)

VIKINGS VOLUNTEER – CAMP NIDAROS WORK PARTY

June 3-5 (Friday – Sunday)
Camp Nidaros, Seaside, Oregon

Gearing up for camp season, this annual event is both fun and productive. Spend the weekend with other Grieg Lodge families at Camp Nidaros to help with a variety of maintenance projects and upgrades. From building bunks to replacing cabin roofs, everyone, young and old, pitches in. Enjoy communal meals, trips to the beach, songs and stories by the campfire, and a great weekend of volunteerism. For more information, contact David Champion.

CAMP NIDAROS

July 10-23 (Ages 9-12)

Nestled on a bluff overlooking the Pacific Ocean, this 50-year old camp has been a tradition for countless Grieg Lodge children over the years. Located on the Oregon Coast near Seaside, this camp immerses the children in Norwegian culture for two weeks and features instruction in Norwegian dance, language, cooking, crafts, singing, and of course, trips to the beach. Each summer has a theme, and has all the trappings of a true Viking summer camp adventure. Contact David Champion for camp details and scholarship information at norseherodotus@hotmail.com.

Other District 2 camp dates are:

Camp Trollhaugen June 26th-July 9th (ages 13-15) WA Cascades
Camp Normanna July 24th-August 6th (ages 9-12) Lake Riley, WA

(www.sofncamps.com)

GRIEG LODGE & FRIDA HANSEN LODGE ANNUAL PICNIC

August 6 (Saturday)
Begins at 2pm, 6089 NW Jackson School Road,
Hillsboro

All Sons & Daughters of Norway families and friends are invited for a fun-filled picnic at the home/property of Larry and Mary Knutson-Sullivan. Please bring a potluck dish along with drinks of your choice. Hot dogs and hamburgers will be provided. Children will enjoy the waterslide, play-park, paddle boating, horseshoes, badminton, tree climbing, and yummy s'mores. Come one and all and plan on having lots of fun at this duel-lodge mixer. Overnight camping welcomed with advance notice. Be sure to bring a swimsuit and towel!

VIKING PANCAKE BREAKFAST AND ROCK CLIMBING II

September 11 (Sunday - after Pancake Breakfast)
12:45-3:30 pm, Portland Rock Gym

Clip into this second opportunity to go rock climbing, and after a delicious Viking Pancake Breakfast at the Lodge, head on over to the nearby Portland Rock Gym to rope up and conquer a wall. There, our Adventurers can experience the thrill and challenge of a realistic climbing experience. Rock climbing is a skill that every Viking should know! No prior experience is necessary. Signed waiver and reservations in advance are required. (www.portlandrockgym.com)

KVÆFJORDKAKE: WORLD'S BEST CAKE

September 25 (Sunday)
3-5 pm, Bergen Kitchen

This cake, created by Norwegian-born Paul Lowe, was awarded the title of Norway's national cake or *Verdens Beste*. Featuring layers of meringue, vanilla cream, sliced almonds and moist cake, the Ladies Social Club is back to help lead this delicious Adventure. Come and see what everyone in Norway is talking about!

COPPER BROOCH

October 9 (Sunday after the Pancake Breakfast)
12:30-2:30 pm, Nordic Room

Vikings had to keep warm in the cold climate of Norway and the fashion of the day was to wear animal skins and woolen cloaks as their outerwear. Pre-dating buttons and zippers, these cloaks had to be fastened closed. Ornamental "fibula" or brooches, were the precursor to the modern day safety pin. Talented metal smith, Debra Carus, will show our Adventurers how to create a decorative and functional brooch that they can wear on any item of clothing. Limited to 18. (www.elentari-handverk.com)

BOO NORSK!

October 28 (Friday)
5-8 pm, Bergen Dining Room

"Knask eller knip" or "dig eller deng". That's pretty much how Norwegian children say "trick or treat". Dress up as your favorite character (maybe a troll) and enjoy games, crafts, food, pumpkins, masquerade parade, and a campy Halloween flick at the Lodge. Parents can enjoy the TGIFF upstairs, too, for family Halloween fun.

"REEL" NORDIC FILM FESTIVAL

November 19 (Saturday)

Oslo Lounge

Viking Adventurers are invited to come to the Lodge's annual movie festival of great classic and contemporary films, from and about Scandinavia. The kids will have their own marathon of Norwegian-themed movies down in the Barneroom, while the adults are watching theirs upstairs in the lounge. A perfect day for kids and their parents! For the full list of kid-friendly movies and times, look for the schedule in the November 2016 *Grieg Notes*. Refreshments and popcorn provided!

SIXTH ANNUAL "IT'S CHRISTMAS COOKIE BAKING TIME"

November 20 (Sunday)

3-5 pm, Bergen Kitchen

Kids + Cookies = Happy! Lodge children will bake four kinds of traditional Norwegian Christmas cookies under the guidance of chefs from the Ladies Social Club. Children will go home with all of their delicious treats and recipes to try at home with Mom and Dad. Jump-start the holidays with a delicious afternoon of baking and generous sampling at Norse Hall.

GRIEG LODGE CHRISTMAS PARTY

December 10 (Saturday)

1-4 pm, Grand Ballroom

Come and celebrate a traditional Norwegian Christmas with your family at Norse Hall. Dance and sing holiday songs around our giant Christmas tree. Enjoy a wonderful variety of homemade Norwegian cookies and Christmas foods and visit with JULENISSE (Santa). Everyone is welcome – this is a Grieg Lodge tradition you won't want to miss!! GOD JUL.

NORWEGIAN TREE ORNAMENTS

December 11 (Sunday)

3-5 pm, Nordic Room

Join Lodge member and award-winning artisan, Kristine Crompton, for a cozy afternoon of crafts and creativity. Norway has many traditional Christmas tree ornaments and Kristine will help the kids create some beautiful and unique decorations that will be keepsakes forever. Limited to 15.



SONS OF NORWAY

GRIEG LODGE NO. 15 , DISTRICT 2
111 NE 11th Avenue, Portland, OR 97232-3002
www.norsehall.org

Adventure Series Coordinator
Colby Westhead • 503-970-4755